

# ALL SKILLS-GOLD CYCLONE VOLLEYBALL CAMP

July 8-10, 2011

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## Check In/Check Out Procedures

**\*\*BOTH COMMUTERS AND RESIDENTS CHECK IN AT MAPLE-WILLOW-LARCH!\*\***

- **Check In: Friday, July 8<sup>th</sup> from 12:00-1:00 in the Maple-Willow-Larch Commons Area**
- Meals are provided *starting with dinner on Friday, July 8<sup>th</sup> through lunch on Sunday, July 10<sup>th</sup>*
- First Camp Session begins at 1:30 p.m. on Friday, July 8<sup>th</sup>
- Last Camp Session ends at 4:00 p.m. on Sunday, July 10<sup>th</sup>
- Volleyball, water bottle, and camp t-shirt provided to all campers at the start of camp

## Daily Schedule

### Friday

- 12:00 Check In (\*lunch *is not* provided\*)
- 1:30 Afternoon session
- 4:00 Dinner break
- 6:00 Evening session
- 8:00 Campers dismissed and residents walk to dorms

### Saturday

- 8:00 Breakfast
- 9:00 Morning session
- 11:30 Lunch break
- 1:30 Afternoon session
- 4:00 Dinner break
- 6:00 Evening session
- 8:00 Campers dismissed and residents walk to dorms

### Sunday

- 8:00 Breakfast
- 9:00 Morning session
- 11:30 Lunch break
- 1:30 Afternoon session
- 3:45 Awards and goodbyes
- 4:00 Campers dismissed and residents walk to dorms to check out

## What to Bring

- Court shoes
- Comfortable athletic shorts, t-shirt, and socks
- Knee pads (optional but highly recommended)
- Extra money for Camp Store Apparel and snacks
- *Do not* bring a lot of cash or valuables
- Residents bring toiletries (towels, blanket, washcloth, soap and linens provided). There will *not* be a refrigerator in the dorms. Dorm rooms are air conditioned.

## Emergency Contact Information

Jesse Klein – Camp Coordinator

Office (515) 294-9465

Cell (515) 450-3597

Email [jklein@iastate.edu](mailto:jklein@iastate.edu)

Residents will be provided breakfast, lunch and dinner.

Commuters will be provided lunch and dinner